

DIY Non-Toxic Paint: Fun & Easy!



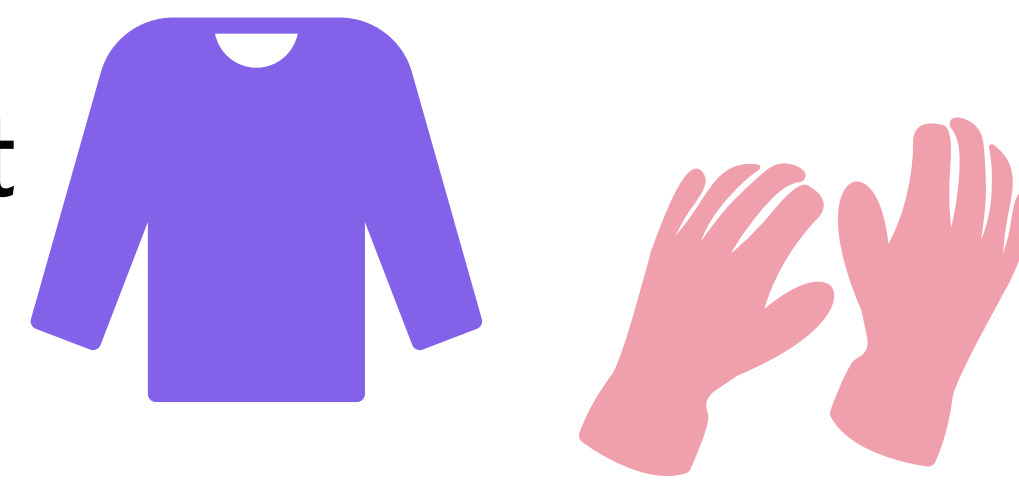
Why Make Your Own Safe Paint?

Paint you buy from stores may have chemicals that are **bad** if you breathe it in (**smell**), swallow it (**taste**), or get it on your skin (**touch**).

Look for this safety label & ask an adult if unsure!

Stay Safe While You Paint

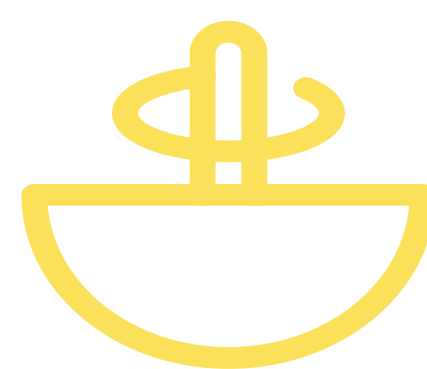
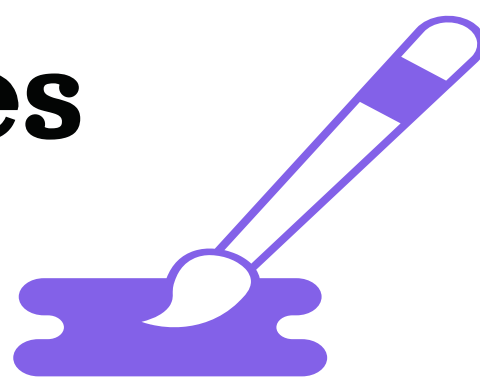
If you do use paint from the store that does not have the AP label, consider wearing **gloves**, a **mask**, and **long sleeves** to protect yourself.



Practice washing your hands, keeping it off your skin, & making sure not swallow it.

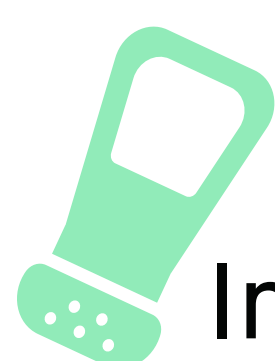
Grab These Supplies

- Paint brush
- Cup, plate, or bowl
- Mixing spoon and tbsp measurements
- Ingredients: water, cornstarch, flour, food dye

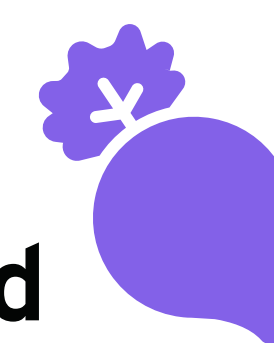


Steps to Make It!

1. Measure **3 tbsp** of water, **2 tbsp** of cornstarch, and **2 tbsp** of flour.
2. Mix into a cup and stir with a spoon until nice and smooth.
3. Add three drops of your color choice of food dye.
4. Grab your paintbrush and start painting!
5. Can store leftover paint in container for 1-3 days.



Other Non-Toxic Paint Recipes to Try



Instead of food dye, you can use **Kool-Aid** packets or **crushed** natural ingredients like **spinach** (green), **turmeric** (yellow), **paprika** (orange), **beets** (red), and **blueberries** (blue). Or try a similar recipe with salt (increases shelf-life), flour, and water (equal amounts).